

Healthy Relationships



Now Including 250+ Videos and 2 Lessons on Rejection

A Guide into Adulthood

This highly adaptable program with lessons and activities teaches challenging life skills to school students and older individuals with various special needs

HealthyRelationshipsCurriculum.org

What is *Healthy Relationships*?

Purposefully Built

offers thoughtfully structured lesson plans, visuals, demonstrations, videos and supplemental materials that support meaningful learning

Flexible & Accessible

approaches complex and sensitive topics in clear, concrete ways that support individuals with a wide range of abilities, learning styles and developmental levels

Practical & Purpose Driven

focuses on essential life, social and health education skills that help individuals build confidence, stay safe and successfully navigate a wide variety of settings

Age-Appropriate Topics that Grow with the Learner



Elementary School

Hygiene
Privacy
Friends
Acquaintances
Bullies
Simple Communication Styles



Middle School

Puberty & Health
Social Media
Small Talk
Personal Boundaries
Consequences to Breaking Social Norms
Building Meaningful Friendships
+ All Elementary School Topics



High School & Beyond

Job Readiness & Life After High School
Developing Personal Relationships & Dating
Understanding Their Bodies
Complex Communication Styles
Understanding Social Rules
+ All Elementary & Middle School Topics

What Sets *Healthy Relationships* Apart

- A continuously expanding resource developed over more than a decade
- Used fully across the country, impacting hundreds of thousands of individuals
- Online progress monitoring tools that measure real-time progress and track growth over time with printable reports
- The ability to create, revise and share online documents with individuals, families and caregivers
- New activities, visuals, videos and lesson ideas added regularly to keep content current and engaging
- Flexible content that can be modified to support a wide range of developmental levels and populations
- Over 250 videos in both English and Spanish
- At-home learning components that reinforce skills taught in educational and therapeutic settings

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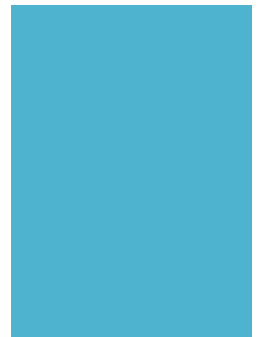
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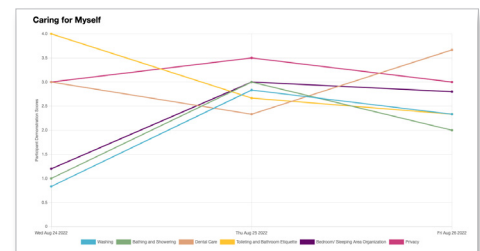
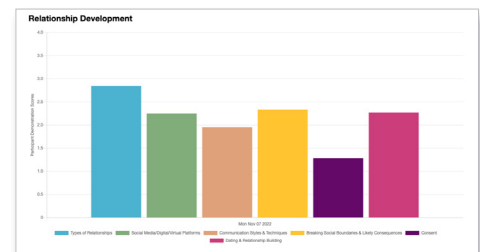
▶ **General Role Play Videos:** Drugs and Alcohol, How Poor Hygiene May Affect Your Life, Journey Through the Stages of a Relationship, Making Others Uncomfortable and Being Persuaded by Others

For additional information, to view sample videos
& start your free trial, please visit us at
HealthyRelationshipsCurriculum.org



Designed to Support Meaningful, Measurable Learning

- Consistent, structured instruction that builds skills over time
- Engaging video library that supports visual learning
- Adaptable, visual activities for diverse abilities
- Online progress monitoring and data collection
- Digital tools for skill comprehension and practice
- Resource library with lessons, visuals and supplements
- Proactive instruction that reduces reactive intervention
- Regular updates that keep content current
- Parent and caregiver involvement beyond the classroom
- Real-time customization with editable, electronic materials



“

I have been a special education teacher for 20 years in three states. Your curriculum is the best I have seen to fill in the gaps left by others I've tried. I'm excited to use it with my students!

Rachel S.

Special Education Teacher
Genesee Intermediate School District, MI



“

This curriculum allows us to teach these life skills with clarity and dignity.

September L.

Speech-Language Pathologist
Davis Joint Unified School District, CA

“

It is evident the curriculum was created by individuals who have worked in the classroom and understand the population, and that is something you don't see every day.

Mallory D. & Domincia A.

Special Education Teachers
West Orange Public Schools, NJ

What are the benefits of *Healthy Relationships*?



Students & Individuals

- Helps participants understand what's happening around them
- Teaches participants how to recognize safe and unsafe situations
- Builds understanding and respect for personal boundaries around participants and others
- Provides clear answers to questions
- Strengthens participants' relationships with family members
- Demonstrates safe and appropriate social media and online interactions
- Prepares participants for personal and professional growth as they move into new phases of life
- Allows participants to learn in whatever ways work best for them; videos, role plays, discussions, games, repetition and hands-on activities

Schools & Organizations

- Meets numerous state standards
- Digital tracking tools and reports that support IEP and treatment goal documentation
- Multiple outcome measurement tools to monitor progress and adjust instruction as needed
- Built to adapt to diverse learner needs while supporting learning over time
- Suggested scope and sequence plans for various age groups and cognitive levels
- Easy-to-modify assessments and materials using effective, evidence-based teaching strategies
- Continuously updated content informed by ongoing facilitator feedback