Healthy Relationships Curriculum

## **Overview of the Program**

The Healthy Relationships Curriculum is an extensive and highly adaptable program developed by special education teachers, therapists, school psychologists, and other documented professionals to help teach individuals with various needs complex topics. The purpose of this program is to prepare individuals for a successful transition into adulthood and help them develop positive relationships with family, friends, the community, and anyone else they may encounter in their life.

This unique program is based upon many evidenced-informed/promising practices to help build success through visual supports, role plays, modeling/demonstration, data collection. repetition/practice, and many, many more.



## **Current Updates**

**Digital Progress Monitoring** – Consistently measure and assess in real-time to know if learning is occurring and determine if reteaching is needed. Compare the results of the skills throughout the different levels of the program and visually show if the skills are being maintained over a longer period of time. Reports can be printed out to document the progress and if goals are being achieved.

Digital Revisable and Sharable Documents – Documents can be revised to match what was taught by the educators. Not every class and group are the same and now documents can be changed to match the specific needs of the individuals.

New Videos - 28 new videos across a variety of lesson topics in English, Spanish and Individuals with Physical Disabilities

Scratch and return the enclosed postcard to be entered into our monthly drawing to WIN one of these great prizes!

One \$500 Amazon Gift Card One of Two \$250 Amazon Gift Cards

One of 25 Teacher Packs, full of goodies from us to you! (We are all teachers, so we know what you need!)



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THIS IS AMAZING! Thank you for your work in creating the content and the work in continually updating it. These lessons are hugely beneficial and are focused on content that we need and does not exist elsewhere. - Tiffany S, Empowering Kids



## **Teaching Adolescents and Young Adults to Decipher Critical Life and Social Skills**



**Curriculum Manual:** 39 ready to use lessons and dozens of activities including list of materials, purpose of the lesson, objectives, quick references to related subjects, and tips and suggestions from our experts to help the educator not run into barriers.



myHRC Online Portal: Interactive website to assist instructors in delivering the program by creating unlimited student and family accounts to allow access to resources, videos, visuals, and more from any device with internet access.



Over 180 Videos: Bringing role plays and demonstrations to life for use inside and outside the

classroom setting. Available in both English and Spanish and with closed captioning.

80 Visual Cue Cards & 30 Page Visual Checklist Booklet: Materials to support individuals with more complex visual needs with a mix of real people photo cards (different ethnicity and expressions), cartoons, emojis, and other real-life examples captured in our extensive visual cue card library.

Role Plays, Demonstrations, and Life-Skills Activities: Takes lesson topic and helps applies them to real-life scenarios to assist in the learning process.



Interactive "Check For Understanding" e-Quizzes:

Measure and assess acquired knowledge before moving on to the next lesson to assure learning was achieved.



Parent Guide for Success

& Home Supplements:
Revisable information &
activities to help
reinforce the skills
learned with each
lesson topic and
encourage family
participation by
customizing each lesson
to fit the needs of the
class/group. Currently

available in English

and Spanish.



Nearly 60 Scenario Card Activities: Taking the different lesson topics and turning them into real-life scenarios that will aid in teaching the material in a more concrete manner.



Evidenced-Informed/
Promising Practices: Using

different researched techniques, experiences, and expertise of professionals to design, implement and teach individuals the complex skills needed to safely move into adulthood.

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