

Curriculum Scope and Sequence

These are suggested lessons to be taught within the grade levels. They can be adjusted according to individuals' needs.

Introductory Lessons	3rd-5th Grade	6th-8th Grade	9th-10th Grade	11th-12th Grade	Adulthood
Part 1	Week 1	Week 1	Week 1	Week 1	Week 1
Part 2	Week 2	Week 2	Week 2	Week 2	Week 2

Module 1: Caring for Myself	3rd-5th Grade	6th-8th Grade	9th-10th Grade	11th-12th Grade	Adulthood
Lesson 1: Washing	Week 3-5	Week 3	Week 3	Week 3	Week 3
Lesson 2: Bathing and Showering	Week 6-8	Week 4	Week 4	Week 4	Week 4
Lesson 3: Dental Care	Week 9-11	Week 5	Week 5	Week 5	Week 5
Lesson 4: Toileting and Bathroom Etiquette	Week 12-14	Week 6	Week 6	Week 6	Week 6
Lesson 5: Bedroom/Sleeping Area Organization	Week 15-17	Week 7	Week 7	Week 7	Week 7
Lesson 6: Privacy	Week 18-20	Week 8	Week 8	Week 8	Week 8

Module 2: Understanding My Body	3rd-5th Grade	6th-8th Grade	9th-10th Grade	11th-12th Grade	Adulthood
Lesson 1: Human Development	X	X	Week 9	Week 9	Week 9
Lesson 2: Puberty	X	Week 9	Week 10	Week 10	Week 10
Lesson 3: Male Genitalia	X	X	X	Week 11	Week 11
Lesson 4: Female Genitalia	X	X	X	Week 12	Week 12
Lesson 5: Sex	X	X	X	Week 13	Week 13
Lesson 6: Pregnancy	X	X	X	Week 14	Week 14

Module 3: Relationship Development	3rd-5th Grade	6th-8th Grade	9th-10th Grade	11th-12th Grade	Adulthood
Lesson 1: People I Encounter	Week 21-22	Week 10	Week 11	Week 15	Week 15
Lesson 2: Different Types of Relationships	Week 23-24	Week 11	Week 12	Week 16	Week 16
Lesson 3: What is a Friend?	Week 25-26	Week 12-13	Week 13-14	Week 17	Week 17
Lesson 4: What is an Acquaintance?	Week 27-28	Week 14-15	Week 15-16	Week 18	Week 18
Lesson 5: What is a Bully?	Week 29-30	Week 16-17	Week 17-18	Week 19	Week 19

Module 3: Relationship Development	3rd-5th Grade	6th-8th Grade	9th-10th Grade	11th-12th Grade	Adulthood
Lesson 6: Making Friends	Week 31-32	Week 18	Week 19	Week 20	Week 20
Lesson 7: Understanding Social Media	X	Week 19-20	Week 20	Week 21	Week 21
Lesson 8: How to Use Social Media Safely	X	Week 21-22	Week 21-22	Week 22	Week 22
Lesson 9: Small Talk, Part 1	X	Week 23-24	Week 23	Week 23	Week 23
Lesson 10: Small Talk, Part 2	X	Week 25-26	Week 24	Week 24	Week 24
Lesson 11: Private Talk	Week 33-34	Week 27-28	Week 25-26	Week 25	Week 25
Lesson 12: Secrets	Week 35-36	Week 29-30	Week 27-28	Week 26	Week 26
Lesson 13: Personal Space	Week 37	Week 31-32	Week 29-30	Week 27	Week 27
Lesson 14: Voice Volume	Week 38	Week 33-34	Week 31-32	Week 28	Week 28
Lesson 15: Review of Friend, Acquaintance and Bully	Week 39	Week 35	Week 33	Week 29	Week 29
Lesson 16: Breaking Social Boundaries & Likely Consequences, Part 1	X	Week 36-37	Week 34-35	Week 30	Week 30
Lesson 17: Breaking Social Boundaries & Likely Consequences, Part 2	X	Week 38-39	Week 36-37	Week 31	Week 31
Lesson 18: Types of Physical Affection	X	X	Week 38	Week 32	Week 32
Lesson 19: General Consent	X	X	Week 39	Week 33	Week 33
Lesson 20: Consent for Physical Affection	X	X	X	Week 34	Week 34
Lesson 21: Romantic Affection	X	X	X	Week 35	Week 35
Lesson 22: What is a Date?	X	X	X	Week 36	Week 36
Lesson 23: How to Prepare for a Date	X	X	X	Week 37	Week 37
Lesson 24: What to Do on a Date	X	X	X	Week 38	Week 38