

# Healthy Relationships Curriculum



over  
**100+**  
Videos!  
for both in class and  
remote learning

## Activities for Now:

This highly adaptable program teaches challenging life skills to school students with various needs. This resource is designed to be utilized district-wide from elementary grade levels to high school & beyond and easily enhances any of your existing programs!

## Qualifies for CARES Funding



### Are you struggling on how to teach the complex skills of?

- Hygiene & self care
- Social Media & how to maneuver safely
- Relationships Development & social skills
- Consent
- Health education

We were too, so we created a comprehensive program just for you!

### Benefits of the Program

- Built in tools to easily measure learning outcomes and collect data
- Scope and Sequence plan for every individual age group with various needs
- Activities, videos, detailed lessons, & visuals to provide proactive approach vs. reactive teaching
- Different methods of teaching according to learning styles
- Empowers young adults to safely understand the world around them

### Contact Us

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Hover with your  
phone's camera





Schedule  
Your Free  
Demo!

## What's Included in the Healthy Relationships Curriculum?

- **Home Supplements** are included with all 39 lessons to promote growth beyond the classroom.
- **Role-Plays and Demonstrations** are activities designed to teach designated skills in a concrete manner.
- **39 Ready-to-Use Lessons** for each subject topic for a quick step-by-step reference, that includes material list, purposes, objectives, and more.
- **"Check for Understanding" Quizzes** included to measure retention before moving to next topic.
- **Professional Development Training** to build confidence in teaching these complex skills and tips to bring the lessons to life.
- **Outcome Tools** to show real-time, individual progress that can be shared with parents, guardians, and administrators.
- **Over 100+ Videos** used in person or virtually to bring role-plays and demonstrations to life.
- **Evidenced Based Practices** utilized throughout to promote retention among visual learners.
- **myHRC Online Portal** is an interactive website to assist instructors in delivering the program, show the videos, and communicate with students and their families.

## Easy Access Video Library

### Featuring 100+ Videos

With the ability to address all possible learning scenarios, in-person, hybrid, or virtual, the Healthy Relationships Curriculum's extensive, up-to-date video library allows teachers, counselors, students, and families to learn critical and essential skills anywhere they are connected.

## Role-Plays & Demonstrations

- Bathroom Etiquette
- Shaving
- Handwashing
- Showering
- Sharing Private Information
- Friends, Acquaintances, and Bullies
- Friendships vs. Dating
- Social Media
- Making Small Talk
- Interacting with Authority
- Personal Space
- Voice Volume
- Breaking Social Boundaries
- Consent Scenarios
- Phases of Dating
- Dating App Safety
- Drugs and Alcohol
- Wordplay Scenarios
- Looking for a Job
- Online Scamming

...and many more!



Used by tens of thousands  
of students and teachers  
nationwide.



■ In process  
■ 1-5 curriculums  
■ 6-15 curriculums  
■ 16-30 curriculums  
■ 31-100 curriculums  
■ 200+ curriculums