



Healthy Relationships Curriculum

*Empowering both teachers
and parents to improve
students' social skills today*

Help students improve relationships with themselves & others

The *Healthy Relationships Curriculum* was developed for schools and organizations that support students and individuals diagnosed with autism, intellectual disabilities and/or emotional challenges. Our comprehensive curriculum from start to finish encourages participants not only how to pursue and maintain healthy relationships with oneself and others but to find value in doing so.

The curriculum kit covers everything from hygiene to peer relationships and addresses all the important issues that this population needs to become independent and productive adults. Instructors can feel confident that these lessons will be effective with their students since evidence-based principles such as video modeling, social skills training, and visual support are employed throughout the curriculum.

“This curriculum provides a framework for teaching hygiene, privacy, and relationships with others. I really like the visuals, detailed lessons, and all the videos.”

—High School Life Skills Teacher

“The curriculum will help us have a scope and sequence to teach these skills that are so difficult to address. This will help them have adequate knowledge to make informed decisions.”

--Special Education Director



The *myHRC* online portal is an interactive website to assist instructors in delivering the curriculum, streaming videos and connecting with other users, students, and parents.



*Now Featuring Over 65 Videos
Reinforcing Lesson Content!*

www.healthyrelationshipscurriculum.org



Addressing Topics for Every Age Group

The Healthy Relationships Curriculum is a flexible curriculum package that can be implemented in-person or through distance learning.



Over 65 videos using evidence-based learning strategies

Benefits for School Districts:

- A flexible curriculum that can be used from Elementary School through High School
- Meets numerous core state academic standards
- A proven process to ensure teachers can achieve IEP goals
- Built-in tools to quickly and easily measure learning outcomes and collect data
- Ready to use lessons, plus on boarding to empower educators to be productive from day one
- Discounted rates for additional users

Benefits for Students:

- Teaches individuals to communicate with their natural support systems
- Empowers young adults to make plans for the future
- Keeps young adults safely in their homes and communities
- Video demonstrations and role plays reinforce the material in each lesson
- Gives students the skills needed to navigate new social situations and have an easier time making friends



What's Included in the Healthy Relationships Curriculum?

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|---------------------|---------------------------------|---------------------------------------|
| ■ Curriculum Manual | ■ Home Supplements | ■ "Check for Understanding" Quizzes |
| ■ Outcomes Tools | ■ Role Plays and Demonstrations | ■ myHRC online portal |
| ■ Visual Elements | ■ Student Workbook* | |
| ■ Over 50 videos | | |

*Ask an Account Manager for details