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# Lesson Topic: Taking Care of Dogs

## **Suggested Time**

Healthy Relationships Curriculum

15-20 minutes

# **Objectives/Goals**

#### The student(s) will be able to:

- 1. Determine different things dogs need to be safe, happy and healthy
- 2. Walk through the steps of taking care of a dog

### **Materials**

- Dog food
- Bowls for food/water
- Poop bags
- Toys
- Crate and/or dog bed
- Computer/tablet to watch the video(s)

- Water
- Leash
- Treats
- Comb/brush
- Shampoo/conditioner
- Paper and writing tool

### **Guided Practice**

#### 1. Introduce the lesson.

- a. Today we are going to discuss different items needed to take care of a dog.
- b. We are going to walk through the steps of taking care of a dog.

#### 2. Watch the video on how to take care of pets.

It is around 10 minutes long. Review the discussion points from the video.

#### 3. Discuss the different items needed to take care of a dog.

List them on paper if you choose.

- Dog food
- Water
- Bowls for food and water
- Leash
- Poop bags
- Treats
- Toys
- Grooming supplies such as a brush and shampoo
- Crate and/or dog bed

#### 4. Discuss feeding a dog.

List on paper if you choose.

- Dogs may eat dry dog food from a bag or wet dog food from a can.
- The amount of food a dog eats per day depends on their size. They may need fed once or twice. Check with a trusted adult on how much food to give your dog every day.
- Limit the amount of people food given to your dog as it may upset its stomach or make it very ill.
- Make sure other family members haven't already fed your dog before you feed it.
- Dogs should always have fresh water to drink. If you see that the water bowl is empty, fill it up.

#### 5. Discuss ways to give a dog exercise.

#### List them on paper if you choose.

- Take your dog for a walk. Make sure your dog is wearing a leash and you bring a poop bag. Poop should be cleaned up immediately. Tie up used poop bags, and keep them with you until you can safely dispose them in a garbage can during your walk or once you get home.
- Let your dog run in the yard several times a day if you have a yard.
- Play with your dog indoors frequently with dog toys. They may also play with dog toys outside.
- Always ask a trusted adult for permission before leaving the house with your dog or letting your dog outside. Let them know where you plan on going during your walk.

#### 6. Discuss giving treats to a dog.

List on paper if you choose.

- There are many kinds of treats available for dogs.
- It's important to limit the amount of treats a dog receives. Too many is unhealthy.
- Stick to varieties your dog likes. Ask a trusted adult if you're unsure or if your dog has special nutritional needs.

#### 7. Discuss grooming supplies for dogs.

#### List them on paper if you choose.

- It's good to use a brush, comb or grooming mitt several times a week to remove your dog's loose hair and keep it clean and healthy. Always be gentle while brushing or combing your dog.
- It's also good to bathe your dog with dog shampoo every couple of weeks. Ask a trusted adult how often to bathe your dog and to help you walk through the process.

#### 8. Discuss cleaning a dog's sleeping area.

#### List on paper if you choose.

- If your dog sleeps in a crate, wipe it and wash it out when it becomes dirty.
- If your dog sleeps in a dog bed, wash it when it becomes dirty.

#### 9. Review this lesson.

Supervise the student while they practice taking care of your household's dog(s). Stress the importance of the student asking for permission when taking pets outside for a walk or to play.

### **Additional Resources**

checklist.com/dog-care-checklist/

This web site provides a checklist for dog health, hygiene and happiness.

aspca.org/pet-care/animal-poison-control/people-foods-avoid-feeding-your-pets

This web site lists people foods that are dangerous for pets to eat.